Veterans Academic Resource Center

October 2014 Newsletter

Don’t Forget that Spring Registration Starts on October 20th.
The VARC will begin accepting requests for certification on November 3rd.
You should be able to register for the next three semesters.
If not contact Lorine at Lorine.Cisch-Taylor@ucf.edu

Veterans Academic Resource Center Staff

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VA Vital Program

Kathryn Walden
Chapter 31 Advisor

Keep your resume up to date!
By keeping your resume up to date, you are prepared and can be the one of the first to applicants for new jobs. For assistance with building the perfect resume contact Lorine Cisch-Taylor at Lorine.Cisch-Taylor@ucf.edu

Boots to Business Suits

Thursday, October 16th, 16:00 to 20:00
Career Services Bldg. Room 115

Guest Speakers Include
2. Chanda Jordan
   Enterprise Holdings
3. Raytheon

RSVP to Lorine.Cisch-Taylor@ucf.edu by 10/12/2014
The first 40 individuals to register will receive Scott Vedder’s Book: Signs of a Great Resume—Veterans Edition

Mid-Terms are Right Around the Corner
Can’t concentrate at home?
Can’t find room at the campus library,
All Knight Study or the Student Union?
**************
Use the VARC Study Rooms!
Monday—Friday from 9 AM to 5 PM
**Some rooms may be occupied for SARC Tutoring

Employer of the Month

Kelly

Is looking to extend their pool of applicants for Orange County Public Schools to include Military veterans and/or their spouses!!

Now Hiring:
♦ Substitute teachers
♦ Paraprofessionals

Perks Include:
♦ Flexible schedules
♦ Weekly pay
♦ Optional group-rate insurance*
♦ Service bonus plan

Requirements:
♦ 60 college credits
♦ Professional references
♦ Work 2 Fridays in a 45 day period
♦ Flexible work schedule

VARC PROGRAMS TO WATCH
~ Mid-Term Breakfast Break
~ Accommodation Station: Benefits for Success
~ “From Boots To Business Suits”
~ Veterans Week Activities

Like us on Facebook:
www.facebook.com/ucfvarc

in association with the Registrar’s Office & Student Development and Enrollment Services
On Overconfidence
By Joshua Dull, VARC Peer Mentor

Burning out. That’s one of those things that happens to other people, but not you. You’re so motivated and hardworking that people will have to force you to take a break. Running on two hours of sleep is nothing. You’ve had to go 72 hours with no sleep on your last deployment. Now that you’re free from the rigid structure of the military, you’re going to be a thermonuclear supernova of productivity.

That’s what I told myself when I returned to Florida after five years in the Air Force right before joining three clubs, becoming an officer in two, taking on a part time job, and trying to visit family 56 miles from campus every weekend. Once a full time course load was added to that, I found myself at the threshold of anger every day, constantly feeling a gun pressed to the back of my head. This wasn’t what I got out of the military for.

My situation was not unique. Many of us overload ourselves for numerous reasons. I wanted to feel productive after leaving the military. Your reasons for staying busy are probably different. Yet what I discovered from my overconfidence is that there really is only 24 hours in a day. Some of that time is going to be commuting. Some of that will be spent sleeping. You also learn that giving due attention to one area will cause you to neglect another.

There is definitely nothing wrong with ambition. There is a problem when you get virtually no enjoyment out of life because you’re always doing something or have somewhere to be. What I ended up having to do was prioritize. If you’re feeling stressed 24/7, like the whole world is weighing down on you and demanding things from you, then maybe it’s time you sit down and do the same. It’s amazing how much clutter you can trim from your life when you’re honest about what deserves your time.

Connect with other
UCF Student Veterans
Join the Student Veterans Association to connect and with other student veterans.
Contact the Arron Smith, President:
Arron.Smith@knights.ucf.edu

VA Work Study of the Month
Andres Duran, first recipient of the VA Work Study (VAWS) of the Month Award.

Andres, senior accounting major, has worked as a VA Work Study Student at the VARC since April of 2014. He is currently a member of the UCF honorary accounting fraternity, Beta Alpha Psi.

His hard work ethic, dedication, and positive attitude has been a vital contribution to the overall success of the VARC.

Congratulations Andres as the VAWS of the Month of October!

Your VARC Peer Mentors
Daniel Berreth—Business
Joshua Dull—Creative Writing
Rebecca Fallucca—Political Science & Biomedical Science
Gabi Reyes—Mental Health Counseling
Michael Voltaire—Information Technology

VA Work Study Students VS. Peer Mentors: Who does what?

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