

# Veterans Academic Resource Center

## October 2014 Newsletter



Don't Forget that Spring Registration Starts on October 20th.  
The VARC will begin accepting requests for certification on November 3rd.  
You should be able to register for the next three semesters.  
If not contact Lorine at [Lorine.Cisch-Taylor@ucf.edu](mailto:Lorine.Cisch-Taylor@ucf.edu)

### **Boots to Business Suits**

**Thursday, October 16<sup>th</sup>, 16:00 to 20:00**  
**Career Services Bldg. Room 115**



#### **Guest Speakers Include**

1. Scott Vedder author of "Signs of a Great Resume Veterans Edition"
2. Chanda Jordan  
Enterprise Holdings
3. Raytheon



RSVP to [Lorine.Cisch-Taylor@ucf.edu](mailto:Lorine.Cisch-Taylor@ucf.edu) by 10/12/2014

**The first 40 individuals to register will receive  
Scott Vedder's Book: Signs of a Great Resume—Veterans Edition**

#### **Veterans Academic Resource Center Staff**

**Paul Viau**  
Associate Registrar/VARC Director

**Bethany Glassbrenner**  
Assistant Registrar/Certify Official

**Lena Huntsman**  
Program Assistant/Certify Official

**Lorine Cisch-Taylor**  
Transfer & Transition/  
Career Services

**Danielle Frazier**  
Office Manager

**Joshua "JJ" Johnson**  
Program Coordinator

**Dr. Bryan Batien**  
VA Vital Program

**Kathryn Walden**  
Chapter 31 Advisor

#### **Mid-Terms are Right Around the Corner**

Can't concentrate at home?  
Can't find room at the campus library,  
All Knight Study or the Student Union?

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#### **Use the VARC Study Rooms!**

Monday—Friday from 9 AM to 5 PM

\*\*Some rooms may be occupied for  
SARC Tutoring

#### **Employer of the Month**



Is looking to extend  
their pool of applicants for Orange  
County Public Schools to include  
Military veterans and/or their spouses!!

#### **Now Hiring:**

- ◆ Substitute teachers
- ◆ Paraprofessionals

#### **Perks Include:**

- ◆ Flexible schedules
- ◆ Weekly pay
- ◆ Optional group-rate insurance\*
- ◆ Service bonus plan

#### **Requirements:**

- ◆ 60 college credits
- ◆ Professional references
- ◆ Work 2 Fridays in a 45 day period
- ◆ Flexible work schedule



#### **VARC PROGRAMS TO WATCH**

- ~ Mid-Term Breakfast Break
- ~ Accommodation Station: Benefits for Success
- ~ "From Boots To Business Suits"
- ~ Veterans Week Activities



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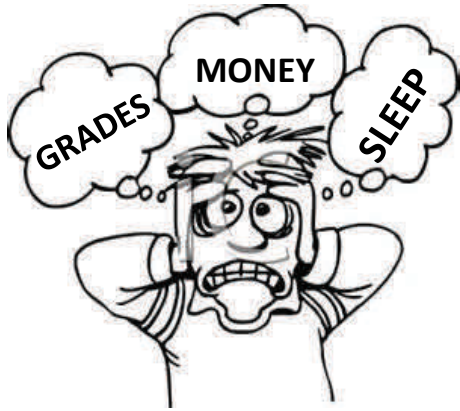


#### **Keep your resume up to date!**

By keeping your resume up to date, you are prepared and can be the one of the first to applicants for new jobs.  
For assistance with building the perfect resume contact Lorine Cisch-Taylor at  
[Lorine.Cisch-Taylor@ucf.edu](mailto:Lorine.Cisch-Taylor@ucf.edu)



in association with the  
**Registrar's Office  
& Student Development  
and Enrollment Services**



**On Overconfidence**

**By Joshua Dull, VARC Peer Mentor**

Burning out. That’s one of those things that happens to other people, but not you. You’re so motivated and hardworking that people will have to force you to take a break. Running on two hours of sleep is nothing. You’ve had to go 72 hours with no sleep on your last deployment. Now that you’re free from the rigid structure of the military, you’re going to be a thermonuclear supernova of productivity.

That’s what I told myself when I returned to Florida after five years in the Air Force right before joining three clubs, becoming an officer in two, taking on a part time job, and trying to visit family 56 miles from campus every weekend. Once a full time course load was added to that, I found myself at the threshold of anger every day, constantly feeling a gun pressed to the back of my head. This wasn’t what I got out of the military for.

My situation was not unique. Many of us overload ourselves for numerous reasons. I wanted to feel productive after leaving the military. Your reasons for staying busy are probably different. Yet what I discovered from my overconfidence is that there really is only 24 hours in a day. Some of that time is going to be commuting. Some of that will be spent sleeping. You also learn that giving due attention to one area will cause you to neglect another.

There is definitely nothing wrong with ambition. There is a problem when you get virtually no enjoyment out of life because you’re always doing something or have somewhere to be. What I ended up having to do was prioritize. If you’re feeling stressed 24/7, like the whole world is weighing down on you and demanding things from you, then maybe it’s time you sit down and do the same. It’s amazing how much clutter you can trim from your life when you’re honest about what deserves your time.

**Connect with other**

**UCF Student Veterans**

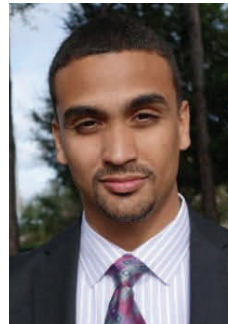
Join the Student Veterans Association to connect and with other student veterans.

Contact the Arron Smith, President:

Arron.Smith@knights.ucf.edu



**VA Work Study of the Month**



Andres Duran, first recipient of the VA Work Study (VAWS) of the Month Award.

Andres, senior accounting major, has worked as a VA Work Study Student at the VARC since April of 2014. He is currently a member of the UCF honorary accounting fraternity, Beta Alpha Psi.

His hard work ethic, dedication, and positive attitude has been a vital contribution to the overall success of the VARC.

***Congratulations Andres as the VAWS of the Month of October!***

**Your VARC Peer Mentors**

- Daniel Berreth—Business
- Joshua Dull—Creative Writing
- Rebecca Fallucca—Political Science & Biomedical Science
- Gabi Reyes—Mental Health Counseling
- Michael Voltaire— Information Technology

**VA Work Study Students VS. Peer Mentors: Who does what?**

<u>Veteran Student Work Study</u>	<u>Peer Mentors</u>
• Certification Paperwork Assistance	• Student Interaction/ Assistance
• GI Benefits Knowledge	• Peer Advising
• Customer Service at Front Desk	• Academic Inquiries
• Phone Inquiries	• Academic & Social Programs
• Referrals to On and Off Campus Resources	• Referrals to On and Off Campus Resources



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