

PROJECT BEST NEWSLETTER



Volume 1

Issue 1

April 2016

Welcome

Greetings fellow Knights! Welcome to Project BEST's first newsletter – your monthly peek behind the scenes with exclusive reviews. Each month we will feature educational articles, study tips, upcoming events and activities, college news, and spotlights of fellow Project BESTERS. The hope is that you find great value in its content and that it will aid you in your educational and personal goals to grow and thrive. We want this newsletter to be valuable for you so please share your feedback and suggestions to help us improve. If you would like to be featured in the "Student Spotlights", please contact us for more information.

Meet Your PROJECT BEST Staff



Dr. Rebekah McCloud
Director

Rita Simpson
Assistant Director

Dr. Lauren Murray-Lemon
Coordinator

Jessica Sagastume
Graduate Assistant

Brittany Holmes
Academic Coach

Tavon Spencer
Peer Mentor

Gisela Hinostrroza
Peer Tutor

Ethan Pepmiller
Peer Tutor



Service Offered	
One-on-One Tutoring	Course Selection Assistance
Peer Mentoring	Community of Scholars on Campus
Study Space	Financial & Economic Literacy
Assistance with financial aid and scholarships	
Assistance applying for graduate and professional school	

Don't forget as per your Student Agreement, all scholars must:

- Meet with your Project BEST Advisors at least once each semester
- Complete an Individualized Academic Plan (IAP) during your first semester in Project BEST.
- Review your IAP with Advisor at least once per year to track progress and make changes as necessary.
- Participate in a minimum of two (2) Project BEST activities each Fall and Spring.
- Activities include peer tutoring, meeting with an academic coach or peer mentor, workshops, and social or cultural events.
- Complete a minimum of three (3) Canvas modules per year. At least one must be completed in each of the following areas: Financial Literacy, Financial Aid, and Academic Wellness.

ACADEMIC PEER TUTORING

Are you struggling with a math or science course? Come in to the TRiO Center for one-on-one tutoring from one of our amazing peer tutors. Peer tutoring is a free service to all Project BEST scholars. To meet with one of our tutors email:

Gisela Hinostrroza: (Math, Statistics) gisela.hinostrroza@ucf.edu

Tuesday 11:00-2:00 Wednesday 3:00-5:00 Thursday 11:00-2:00

Ethan Pepmiller: (Chemistry, Math, Physics, Statistics) ethan.pepmiller@ucf.edu

Monday 2:00-5:00 & Wednesday 2:00-7:00

"TRIO TUTOR TIP"

Don't wait for finals week! Start reviewing today, this will prevent you from becoming stressed when final exams arrive. Look up the "Pomodoro technique", it can help you organize your time and study better. Do not take sleeping for granted. Strive for 7 to 8 hours of sleep each day. Your brain will thank you!

By: Gisela Hinostrroza



Student Spotlight



Nasarah Johnson, is a Health Sciences major who joined Project BEST in Spring 2016. Nasarah Johnson describes herself as bubbly, with an interests in language learning, vegetarian cooking, and Korean Dramas.

Recently, Nasarah has received a research position with UCF professor. It is her hope, that she will have a chance to lead her own independent study, as a result of this experience. Nasarah is also the new volunteer manager for SALT Service and Love Together.

Nasarah's favorite aspect of TRiO is the adviser. She says, "they have been such an influential part of my academic life. Being a transfer student, I didn't exactly know where to go and how to accomplish my goals, but Lauren and Jen lead me to the right resources and helped me to seek out opportunities that I wouldn't have been able to find without them."

By: Brittany Holmes

Student Celebration

Congratulations to **Penina Dorcin** for her recent acceptance into LEAD Scholars Academy! LEAD Scholars is a selective academic leadership development program for students committed to academic excellence and making a difference in the world around them.

Congratulations Penina!

Important Dates

Final Exam Period

Apr 28- May 04

Commencement

May 5-7

Grades Available

May 11

On-Campus Housing Opens

May 15

Classes Begin (Session A)

May 16

ANNOUNCEMENTS

If you have not already done so, please schedule some time to meet with Dr. Murray-Lemon to go over your New Student Meeting.

Upcoming Events & Workshops

⇒ Study Skills Workshop 4/21/2016

11:30 HPH Rm. 208

⇒ Exam Jam April 28 & 29 HPH

LEADERSHIP POSITION

Project BEST is looking for a skilled math and science tutor for the upcoming semester. If you are interested, please contact Ms. Rita Simpson for more information.

COLLEGE SPOTLIGHT

The Rosen College of Hospitality Management at the University of Central Florida has received a \$5 million private donation to establish a Bachelor of Science degree in Entertainment Management starting Fall 2016.

Hours: Mon to Fri

8am - 5pm

Phone: 407-823-4165

Fax: 407-823-5597

Email: sss@ucf.edu

Location: HPH 208