

# Fall 2018 Academic Outreach Programming

## Student Academic Resource Center

Academic Success Workshop Description	Date / Time / Place
<p><b>Bring Your "A" Game: Getting A's Using Time Management</b> Develop techniques necessary to become an effective time manager. Learn how to prioritize, make effective lists, and become better at multi-tasking and studying.</p>	<p><b>Thursday, September 6</b> 1:00 - 2:00 pm Key West (SU 218A)</p>
<p style="text-align: center;"><b>Goal Setting</b> Wondering what GPA is needed to make President's List? Learn what strategies are necessary to make this goal a reality.</p>	<p><b>Thursday, September 13</b> 4:00 - 5:00 pm Cedar Key (SU 223)</p>
<p><b>Study Smarter, Not Harder: Study Skills &amp; Test Preparation</b> Learn from our experts the tricks of the trade on how to prepare for your exams.</p>	<p><b>Thursday, September 20</b> 1:00 - 2:00 pm Sand Key (SU 220)</p>
<p><b>No Stress Zone: Reducing Test Taking Anxiety</b> Does the thought of a looming test get you nervous and shaky? Learn tips to help you breeze through your next test stress free!</p>	<p><b>Tuesday, October 2</b> 4:00 - 5:00 pm Live Oak (Room A)</p>
<p><b>Bring Your "A" Game: Getting A's Using Time Management</b> Develop techniques necessary to become an effective time manager. Learn how to prioritize, make effective lists, and become better at multi-tasking and studying.</p>	<p><b>Thursday, October 11</b> 1:00 - 2:00 pm Key West (SU 218A)</p>
<p><b>Study Smarter, Not Harder: Study Skills &amp; Test Preparation</b> Learn from our experts the tricks of the trade on how to prepare for your exams.</p>	<p><b>Thursday, October 18</b> 1:00 - 2:00 pm Live Oak (Room A)</p>
<p><b>Staying Ahead of the Game: Avoiding Procrastination</b> Learn why students procrastinate, how to identify it and how to overcome the procrastination cycle. Learn how to be more effective and successful here at UCF.</p>	<p><b>Tuesday, November 6</b> 1:00 - 2:00 pm Key West (SU 218C)</p>
<p><b>No Stress Zone: Reducing Test Taking Anxiety</b> Does the thought of a looming test get you nervous and shaky? Learn tips to help you breeze through your next test stress free!</p>	<p><b>Tuesday, November 13</b> 1:00 - 2:00 pm Sand Key (SU 220)</p>
<p style="text-align: center;"><b>Final Exam Preparation</b> Are you starting to feel overwhelmed in preparing for final exams? Learn how to regain control and make finals week a week of success.</p>	<p><b>Tuesday, November 27</b> 4:00 - 5:00 pm Live Oak (Room A)</p>
<p style="text-align: center;"><b>SARC Study Union Final Review Sessions</b> During Study Union, the Student Union offers extended hours and SARC student staff host 50 - 80+ final review sessions throughout the weeklong event. View the Study Union website for this semester's schedule of final review sessions online starting in mid-April.</p>	<p><b>@ UCF Student Union</b> <b>Saturday, December 1 through</b> <b>Thursday, December 6</b></p>
<p>Access Granted: 24/7 Online On-Demand Academic Resources Looking for even more learning assistance? Check out SARC's repository of online support resources by visiting our website any time of day or night.</p>	<p><a href="http://sarconline.sdes.ucf.edu/">http://sarconline.sdes.ucf.edu/</a></p>

*Please note: Verification of attendance at a SARC workshops for the Office of Student Conduct, an advising office, or another UCF department will only be permitted if the student attends a live, in-person presentation for the duration of the workshop and completes a mandatory evaluation, not through an online source.*

**NEW STUDENTS CAN EARN 1,000 LINK LOOT  
POINTS FOR WORKSHOP ATTENDANCE !!**



**Student Academic  
Resource Center**

UNIVERSITY OF CENTRAL FLORIDA





# Academic Support Services at a Glance

## Tutorial Services

Group-based peer tutoring to undergraduate UCF students. No appointment is necessary and schedules can be found on website or at tutoring locations on campus. Subject areas include: Accounting, Statistics, Chemistry, Biology, Physics, Engineering, Computer Science, Human Physiology.

## Supplemental Instruction (SI)

Weekly study sessions for historically-difficult undergraduate courses. Attendees average 1 to 2 letter grades higher on midterms and final grades. Subject areas: Chemistry, Biology, Physics, Genetics, Anatomy, Physical Science, Engineering, Computer Science, and selected Mathematics sections.

## Academic Coaching & Engagement (ACE)

Academic coaches help program participants develop important academic and life skills such as organization, time management, goal setting and study skills. Available for Fall and Spring semesters.

## Academic Success Workshop Series

A free workshop series focusing on college level learning and study skills such as: avoiding procrastination, time management, notetaking, final exam preparation, and overcoming test anxiety.

## Study Union

Each fall and spring semester, SARC partners with UCF's Student Union to provide UCF students with academic support and final reviews sessions during final exam week.

## Online Resources

SARC Online (<http://sarconline.sdesucf.edu>) has many study skills tools to help students determine where they are in their learning, and to improve in specific courses.

## Knights Academic Resource Services (KARS)

For additional free academic resources and services, see the KARS website (<http://kars.sdes.ucf.edu>).

Whether you need to find a quiet place to study, tutoring for a course, have your laptop fixed or learn how to start a research paper, KARS can show you where to go.

### Contact

Trevor Colbourn Hall Room 117  
12796 Aquarius Agora Dr. Bldng 123  
Orlando, FL 32816  
Phone: 407-823-5130



[www.sarc.sdes.ucf.edu](http://www.sarc.sdes.ucf.edu)

### Helpful Links:

**UCF Student Services**

<http://www.ucf.edu/services/>

**Student Academic Resource Center**

<http://sarc.sdes.ucf.edu/>

*Division of Student Development and Enrollment Services*