

Fall 2017 Academic Outreach Programming Student Academic Resource Center



UCF

Academic Success Workshop Description	Date / Time / Place
<p style="text-align: center;"><u>Bring Your "A" Game: Getting A's Using Time Management</u></p> <p>Develop techniques necessary to become an effective time manager. Learn how to prioritize, make effective lists, and become better at multi-tasking and studying.</p>	<p>Thursday, September 7 4:00 - 5:00 pm Cedar Key (SU 223)</p>
<p style="text-align: center;"><u>Goal Setting</u></p> <p>Wondering what GPA is needed to make President's List? Learn what strategies are necessary to make this goal a reality.</p>	<p>Thursday, September 14 4:00 - 5:00 pm Cedar Key (SU 223)</p>
<p style="text-align: center;"><u>Audio Technology and Notetaking</u></p> <p>Do you every wish you could press the rewind button during lecture? Is your notebook filled with information you can't absorb?</p>	<p>Tuesday, September 19 4:00 - 5:00 pm Sand Key (SU 220)</p>
<p style="text-align: center;"><u>No Stress Zone: Reducing Test Taking Anxiety</u></p> <p>Does the thought of a looming test get you nervous and shaky? Learn tips to help you breeze through your next test stress free!</p>	<p>Thursday, September 21 4:00 - 5:00 pm Cedar Key (SU 223)</p>
<p style="text-align: center;">The Next Level: Preparing for Professional School</p> <p>Wondering how to become competitive for med school, law school or another health- professional school? Join the Office of Pre-Health and Pre-Law Advising staff to learn how their office can assist you in pursuing a Pre-Professional program.</p>	<p>Tuesday, September 26 1:00 - 2:00 pm Cedar Key (SU 223)</p>
<p style="text-align: center;"><u>Bring Your "A" Game: Getting A's Using Time Management</u></p> <p>Develop techniques necessary to become an effective time manager. Learn how to prioritize, make effective lists, and become better at multi-tasking and studying.</p>	<p>Tuesday, October 3 1:00 - 2:00 pm Cedar Key (SU 223)</p>
<p style="text-align: center;"><u>Study Smarter, Not Harder: Study Skills & Test Preparation</u></p> <p>Learn from our experts the tricks of the trade on how to prepare for your exams.</p>	<p>Thursday, October 12 1:00 - 2:00 pm Cedar Key (SU 223)</p>
<p style="text-align: center;"><u>Staying Ahead of the Game: Avoiding Procrastination</u></p> <p>Learn why students procrastinate, how to identify it and how to overcome the procrastination cycle. Learn how to be more effective and successful here at UCF.</p>	<p>Tuesday, October 24 1:00 - 2:00 pm Cedar Key (SU 223)</p>
<p style="text-align: center;"><u>No Stress Zone: Reducing Test Taking Anxiety</u></p> <p>Does the thought of a looming test get you nervous and shaky? Learn tips to help you breeze through your next test stress free!</p>	<p>Tuesday, October 31 1:00 - 2:00 pm Garden Key (SU 221)</p>
<p style="text-align: center;"><u>Final Exam Preparation</u></p> <p>Are you starting to feel overwhelmed in preparing for final exams? Learn how to regain control and make finals week a week of success.</p>	<p>Thursday, November 16 4:00 - 5:00 pm Cedar Key (SU 223)</p>
<p style="text-align: center;">SARC Study Union Final Review Sessions</p> <p>During Study Union, the Student Union is open 24 hours a day and SARC student staff host 50 - 80+ final review sessions throughout the weeklong event. View the Study Union website for this semester's schedule of final review sessions online starting in mid-November.</p>	<p>24/7 @ UCF Student Union Saturday, December 3 through Friday, December 9</p>
<p style="text-align: center;">Access Granted: 24/7 Online On-Demand Academic Resources</p> <p>Looking for even more learning assistance? Check out SARC's repository of online support resources by visiting our website any time of day or night.</p>	<p>http://sarconline.sdes.ucf.edu/</p>

Please note: Verification of attendance at a SARC workshops for the Office of Student Conduct, an advising office, or another UCF department will only be permitted if the student attends a live, in-person presentation for the duration of the workshop and completes a mandatory evaluation, not through an online source.

Contact us!

Howard Phillips Hall Room 115
University of Central Florida
4000 Central Florida Blvd,
Orlando, FL 32816

Phone: 407-823-5130



**NEW STUDENTS CAN EARN 1,000 LINK LOOT
POINTS FOR WORKSHOP ATTENDANCE !!**



**Student Academic
Resource Center**

UNIVERSITY OF CENTRAL FLORIDA





Tutorial Services

- Free, group-based peer tutoring to undergraduate UCF students.
- Subject areas include but are not limited to: Accounting, Statistics, Chemistry, Biology, Physics, Engineering, Computer Science, and Human Physiology
- Current semester schedule available on our website: sarc.sdes.ucf.edu

Academic Coaching & Engagement (ACE)

- Academic coaches help program participants develop important academic and life skills such as organization, time management, goal setting and study skills.
- Students can meet with their coach as often as twice a month during the Fall and Spring semesters. For more information on how to join the ACE program, visit sarc.sdes.ucf.edu/ace

Supplemental Instruction (SI)

- Supplemental Instruction provides free weekly study sessions for historically-difficult undergraduate courses.
- Subject areas include: Chemistry, Biology, Physics, Genetics, Anatomy, Physical Science, Engineering, Computer Science, and Calculus courses.
- Students who attend SI sessions average between 1 to 2 letter grades higher on mid-term exams and final course grades when compared to students who do not attend SI sessions

Online Resources

- SARC Offers Online Peer-Assisted Learning (OPAL) sessions for selected UCF courses via Adobe Connect. OPAL sessions allow students to attend a study group with a peer tutor or SI leader remotely.
- SARC has a series of academic success workshop videos available online for viewing.
- SARC's website has many different study skills diagnostics students can complete to determine where they are currently in their college level learning.

Academic Success Workshop Series

- SARC provides UCF students with a free workshop series focusing on college level learning and study skills during the spring, summer, and fall semesters.
- Topics include Time Management, Reducing Test Taking Anxiety, Effective Study Skills, How to Prepare for Final Exams and more.

Study Union

- Each fall and spring semester, SARC partners with UCF's Student Union to provide UCF students with 24 hour academic support during final exam week.
- SARC tutors and SI leaders provide final review sessions before and during final exam week at the Student Union.

Learning Skills Consultations

- SARC's Learning Skills Specialists provide free one-on-one consultations designed to help students develop the study skills necessary to meet the demands of college level learning.
- Call SARC to schedule a one-hour appointment with a SARC Learning Skills Consultant: 407-823-5130.

We encourage you to check our website:
<http://www.sarc.sdes.ucf.edu> for the most up to date courses on the current semester' schedule for SI and Peer Tutoring.

"Upon reasonable and advanced request, The Student Academic Resource Center will facilitate access and reasonable accommodations to ensure services, programs and activities sponsored by SARC are accessible. Please contact sarc@ucf.edu to discuss accessibility for this event."

Frequently Asked Questions

Can attending tutoring and SI sessions really improve one's grades?

Each semester statistics prove that those students who participate in peer tutoring sessions and SI sessions regularly have higher test and final grades than those who do not participate.

Do you need to schedule an appointment to receive tutoring or attend a SI session?

No, students can arrive and leave as they need.

Is it true that only students who are failing courses use SARC?

Students use SARC services to improve their grades and maintain current grades.

Does SARC offer assistance in all sections of Math and English?

No, the University Math Lab, located in Mathematical Sciences Building Room 113 and the University Writing Center, located in Colbourn Hall Room 105, is where students can go to receive assistance in these courses.

How can I get help with study skills if I can't make an Academic Success Workshop?

Students can receive one-on-one assistance by

working with a SARC Learning Specialist. Call SARC to schedule an appointment.

What courses do SI and Peer Tutoring typically cover?

Financial Accounting, Managerial Accounting, Biology, Chemistry IA – Organic Chemistry II, Human Physiology, College Physics I and II, Physics for Engineers I and II, Statistical Methods, Probability & Stats for Engineers, Statics and Dynamics, Thermodynamics, Principles of Electrical Engineering, C Programming, Computer Science I. This list is constantly growing.