

# Spring 2018 Academic Outreach Programming

## Student Academic Resource Center



| Academic Success Workshop Description  | Date / Time / Place   |
|--|---|
| <p><b><u>Bring Your "A" Game: Getting A's Using Time Management</u></b><br/>           Develop techniques necessary to become an effective time manager. Learn how to prioritize, make effective lists, and become better at multi-tasking and studying.</p>   | <p><b>Tuesday, January 16</b><br/>           1:00 - 2:00 pm<br/>           Key West (SU 218-A)</p>        |
| <p><b><u>Study Smarter, Not Harder: Study Skills &amp; Test Preparation</u></b><br/>           Learn from our experts the tricks of the trade on how to prepare for your exams.</p>  | <p><b>Tuesday, January 23</b><br/>           1:00 - 2:00 pm<br/>           Garden Key (SU 221)</p>        |
| <p><b><u>Goal Setting</u></b><br/>           Wondering what GPA is needed to make President's List?<br/>           Learn what strategies are necessary to make this goal a reality.</p>  | <p><b>Thursday, February 8</b><br/>           4:00 - 5:00 pm<br/>           Garden Key (SU 221)</p>       |
| <p><b><u>Notetaking</u></b><br/>           Is your notebook filled with information you just can't absorb? Take a note from the experts on how to best refine your learning process in and out of the classroom!</p>   | <p><b>Tuesday, February 13</b><br/>           1:00 - 2:00 pm<br/>           Garden Key (SU 221)</p>       |
| <p><b><u>Bring Your "A" Game: Getting A's Using Time Management</u></b><br/>           Develop techniques necessary to become an effective time manager. Learn how to prioritize, make effective lists, and become better at multi-tasking and studying.</p>   | <p><b>Wednesday, February 21</b><br/>           4:00 - 5:00 pm<br/>           Pegasus Ballroom G (SU)</p> |
| <p><b><u>Staying Ahead of the Game: Avoiding Procrastination</u></b><br/>           Learn why students procrastinate, how to identify it and how to overcome the procrastination cycle. Learn how to be more effective and successful here at UCF.</p>   | <p><b>Tuesday, February 27</b><br/>           1:00 - 2:00 pm<br/>           Garden Key (SU 221)</p>       |
| <p><b><u>No Stress Zone: Reducing Test Taking Anxiety</u></b><br/>           Does the thought of a looming test get you nervous and shaky? Learn tips to help you breeze through your next test stress free!</p>   | <p><b>Tuesday, March 20</b><br/>           1:00 - 2:00 pm<br/>           Garden Key (SU 221)</p>          |
| <p><b><u>Final Exam Preparation</u></b><br/>           Are you starting to feel overwhelmed in preparing for final exams? Learn how to regain control and make finals week a week of success.</p>  | <p><b>Tuesday, April 10</b><br/>           1:00 - 2:00 pm<br/>           Garden Key (SU 221)</p>          |
| <p><b>SARC Study Union Final Review Sessions</b><br/>           During Study Union, the Student Union is open 24 hours a day and SARC student staff host 50 - 80+ final review sessions throughout the weeklong event. View the Study Union website for this semester's schedule of final review sessions online starting in mid-November.</p> | <p><b>24/7 @ UCF Student Union</b><br/> <b>Sunday, April 22</b><br/> <b>through Tuesday, May 1</b></p>    |
| <p>Access Granted: 24/7 Online On-Demand Academic Resources<br/>           Looking for even more learning assistance? Check out SARC's repository of online support resources by visiting our website any time of day or night.</p>  | <p><a href="http://sarconline.sdes.ucf.edu/">http://sarconline.sdes.ucf.edu/</a></p>                      |

*Please note: Verification of attendance at a SARC workshops for the Office of Student Conduct, an advising office, or another UCF department will only be permitted if the student attends a live, in-person presentation for the duration of the workshop and completes a mandatory evaluation, not through an online source.*

**NEW STUDENTS CAN EARN 1,000 LINK LOOT POINTS FOR WORKSHOP ATTENDANCE !!**



**Student Academic Resource Center**

UNIVERSITY OF CENTRAL FLORIDA



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## Tutorial Services

Group-based peer tutoring to undergraduate UCF students. No appointment is necessary and schedules can be found on website or at tutoring locations on campus. Subject areas include: Accounting, Statistics, Chemistry, Biology, Physics, Engineering, Computer Science, Human Physiology.

## Supplemental Instruction (SI)

Weekly study sessions for historically-difficult undergraduate courses. Attendees average 1 to 2 letter grades higher on midterms and final grades. Subject areas: Chemistry, Biology, Physics, Genetics, Anatomy, Physical Science, Engineering, Computer Science, and selected Mathematics sections.

## Academic Coaching & Engagement (ACE)

Academic coaches help program participants develop important academic and life skills such as organization, time management, goal setting and study skills. Available for Fall and Spring semesters.

## Academic Success Workshop Series

A free workshop series focusing on college level learning and study skills such as: avoiding procrastination, time management, notetaking, final exam preparation, and overcoming test anxiety.

## Learning Skills Consultations

SARC's Learning Skills Specialists provide one-on-one consultations designed to help students develop the study skills necessary to meet the demands of college level learning.

## Study Union

Each fall and spring semester, SARC partners with UCF's Student Union to provide UCF students with academic support and final reviews sessions during final exam week.

## Online Resources

- Online Peer-Assisted Learning (OPAL) allows students to attend study sessions remotely for selected UCF courses via Adobe Connect.
- Many of SARC's workshops are streamed live, and also available online for later viewing.
- SARC Online (<http://sarconline.sdesucf.edu>) has many study skills tools to help students determine where they are in their learning, and to improve in specific courses.

## Knights Academic Resource Services (KARS)

For additional free academic resources and services, see the KARS website (<http://kars.sdes.ucf.edu>).

Whether you need to find a quiet place to study, tutoring for a course, have your laptop fixed or learn how to start a research paper, KARS can show you where to go.

### Contact

Howard Phillips Hall Room 115

4000 Central Florida Blvd.

Orlando, FL 32816

Phone: 407-823-5130



[www.sarc.sdes.ucf.edu](http://www.sarc.sdes.ucf.edu)

### Helpful Links:

#### UCF Student Services

<http://www.ucf.edu/services/>

#### Student Academic Resource Center

<http://sarc.sdes.ucf.edu/>

*Division of Student Development and Enrollment Services*